

**Mind/ Game: The Unquiet Journey of Chamique Holdsclaw**

December 2, 2016  
8:30-9:00 Registration and a light breakfast  
9:00-12:00 Film and Discussion  
The Hanover Manor  
16 Eagle Rock Avenue  
East Hanover, NJ 07936  
**Member: \$125**  
**Sustaining Member: \$106.25**  
**Student Member: \$35**

[Click Here to Register](#)

Mind/Game is a 56-minute documentary film that presents a superstar athlete's struggle with mental illness. It is the Winner of 2015 Voice Award from SAMSHA and multiple film festival awards. There is a post-screening presentation by filmmaker Rick Goldsmith, which will cover behind-the-scenes filmmaking story, and the many mental health-related issues that are integral to Holdsclaw's journey, including obstacles, setbacks and successes. Mr. Goldsmith will be joined by Dr. Marshall Mintz, licensed psychologist specializing in Clinical and Sport Psychology, who will present on the current status of athlete mental health services as provided at the scholastic, collegiate, Olympic and professional levels of competition, providing a backdrop for the complex and intriguing experience of Chamique Holdsclaw.

"Terrific...a remarkable and important film."

-Dr. Kay Redfield Jamison, Johns Hopkins School of Medicine, foremost expert on bipolar disorder, author, "The Unquiet Mind"

"A must-see for anyone who cares about mental health and suicide prevention, especially among our youth."

-Alison Malmon, Executive Director and Founder of Active Minds, Inc.

**Discussion topics covered by Mr. Goldsmith, based on the film, will foster a deeper understanding of such issues as:**

- obstacles to seeking treatment;
- the role of trauma in mental illness;
- age and development in relation to mental illness;
- importance of early intervention;
- role of family and friends (support systems);
- mental health issues particular to African-Americans; to athletes; to young people;

**Upcoming Events**

Fri Nov 18, 2016  
[EUCAP Fall Pr](#)

Mon Nov 21, 2016  
[Foundation M](#)

[View F](#)

**Our Sponsors**



**Latest News**

[BoPE Release tl](#)  
[Education Prop](#)  
[Comments Peri](#)

**Quick Links**

[Clinical Super](#)  
[E-N](#)  
[Adverti](#)  
[Off](#)  
[Re](#)

- stigma: self-stigma (shame), family, community, society;
- blueprints for recovery
- using film (in general) and Mind/Game (in particular) as a mental health treatment resource

Cc

**In Dr. Mintz's section participants will gain an understanding of:**

- The current NJSIAA, NCAA and professional league positions and approaches to athlete mental health.
- The quantitative and qualitative dimensions of mental health phenomena at various levels of athletic performance.

**Presenters:**

**Rick Goldsmith** (producer, director, editor, co-writer) specializes in documentaries that tell intensely personal stories and address important social/political issues. *The Most Dangerous Man in America: Daniel Ellsberg and the Pentagon Papers* (2009) (co-produced and co-directed with Judith Ehrlich), was an Academy Award nominee for Best Documentary Feature, and won the George Foster Peabody Award for its POV/PBS broadcast. (PLEASE SEE FILMOGRAPHY AT THE END OF THIS DOCUMENT.) It tells the story of how a Pentagon insider put his career and freedom on the line to expose government lies and help stop the War in Vietnam.

Goldsmith produced, directed, edited and co-wrote the Academy-Award-nominated documentary feature *Tell the Truth and Run: George Seldes and the American Press* (1996), which was broadcast nationwide on public television and cablecast on the Sundance Channel. The film is a piercing look at censorship and suppression in America's news media, and influenced a generation of aspiring journalists. Goldsmith also co-produced and co-directed (with Abby Ginzberg) *Everyday Heroes* (2001), a behind-the-headlines documentary feature about AmeriCorps), and an incisive look at youth, race, and national service. The film was broadcast nationwide on public television.

Goldsmith has been making social-issue documentary films for more than three decades. He is a member of the Documentary Branch of the Academy of Motion Pictures Arts and Sciences (AMPAS), of Writers Guild of America, West, and of New Day Films, and filmmaker coop that distributes social-issue films to the educational market.

**Marshall Mintz, PsyD** is a licensed psychologist specializing in Clinical and Sport Psychology. He is the Managing Partner of Springfield Psychological Associates, L.L.P., a multi-specialty psychology group practice. Dr. Mintz is a Contributing Faculty member and Clinical Supervisor at Rutgers University's Graduate School of Applied and Professional Psychology. His consulting practice includes sport and performance psychology services to scholastic, collegiate and elite amateur and professional athletes, as well as to senior business leaders. He provides sport psychology services to teams of the United States Olympic Committee, the Sports Medicine department of the Atlantic Health System, the NJ\*NY Track Club and university programs. Dr. Mintz holds consultant certification by the Association for Applied Sport Psychology (AASP) and is a member of the United States Olympic Committee Sport Psychology Registry. He is Chairman of the Sport Psychology Committee of the New Jersey Psychological Association and a member of the Big Sky Group, a consortium of Sport Psychologists consulting to elite sport organizations, national governing bodies, and Division 1 collegiate programs. Dr. Mintz's personal athletic career includes competing as a finalist at the National Collegiate Rowing Championships in the Men's Heavyweight Eight, and a qualifier and competitor in the New Jersey State Open and Amateur Golf Championships, and a Club Champion. [www.drmarshallmintz.com](http://www.drmarshallmintz.com)

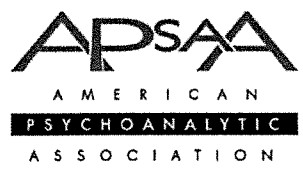
**3 CE Credits**

This workshop is sponsored by NJPA. NJPA is approved by the American Psychological Association to offer continuing education for psychologists. NJPA maintains responsibility for this program and its content.

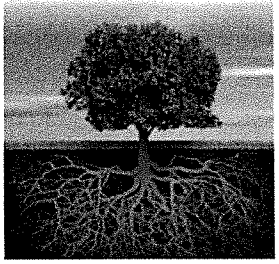
Note About CE Credits: Pursuant to APA and NJPA Continuing Education Criteria, CE is awarded to attendees who attend the entire program. No credit shall be given to attendees who are more than 15 minutes late at the beginning of the session or leave 15 minutes before the end of the session.

[Click Here to Register](#)

[Email](#)



2017 NATIONAL MEETING



Waldorf Astoria | New York | January 18-22

[CLICK HERE FOR FULL DETAILS](#)

© 2015, New Jersey Psychological Association  
414 Eagle Rock Avenue Suite 211 West Orange, NJ 07052

powered by MemberClicks