***Morris County Psychological Association***



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**5/10/2023**

**The Power of Language and Microaggressions**

Presented by:

Lori Tarke, DHSC

Moderated by:Hayley Hirschmann, PhD

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**Announcements:** The HS awards program will be held on May 31st from 830-10am at St. Elizabeth’s University. This year we are honoring 3 student winners and five who earned honorable mention. Please visit the webpage to register. We also want to thank Susan Neigher for all of her hard work in putting this all together.

**Meeting Attendees:**

Kim Arthur  
Leslie Becker-Phelps  
Christopher Belz  
Roderick Bennett  
Randy Bressler  
Rosalie DiSimone Weiss  
Sarah Dougherty  
Laura Eisdorfer  
Kenneth Gates  
Madison Gesualdo  
Hayley Hirschmann  
Melissa Klika Mack  
Phyllis Lakin  
Isabel Lerman  
Ilana Lev-El  
Marilyn Lyga  
Morgan Murray  
Susan Neigher  
Padma Palvai  
Arthur Pressley  
Debra Roelke   
Barbara Rosenberg  
Francine Rosenberg  
Neuza Serra  
Nancy Sidhu  
Beverly Tignor  
Joanne VanNest  
Allen Weg  
Aaron Welt  
Michael Zito

**Presenter Bio:**

Dr.Tarke  is an innovative and results driven leader experienced in EDIB (Equity, Diversity, Inclusion and Belonging), human resources, learning and development and project management.  A nationally recognized executive coach experienced in driving domestic and international human resource workforce initiatives for Fortune 500 to privately held corporations, healthcare organizations, non-profits and academic institutions.

**Overview and Objective of Today’s Talk**

In this session, participants will learn about the power of our chosen language, and how it can sway, distort, and create damage.  Participants will gain an understanding of how language affects our emotions and memories.  Through a combined lesson in cognitive bias, argumentation, and microaggressions, participants will reflect on their use of language and gain new perspectives.

***Learning Objectives:  By the end of the session, participants will be able to:***

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**Learning Objectives**:

1. Create an awareness of our use of language, bias, microaggressions, and common manipulations.  
2. Explore the dynamic these issues create.  
3. Learn how to recognize and manage bias and microaggressions, and common manipulations..

*This program is intended for psychologists, psychiatrists, social workers, nurses, mental health counselors, marriage and family therapists, physicians and graduate students. It will be presented at an introductory level, meant for those with little prior knowledge of the subject matter. The presenter does not have any commercial support and/ or conflict of interest for this program****.***

**Newsletter submitted by:**

**MCPA Secretary – Melissa Klika, Psy.D.**